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Shower gel

Luxe: Clarins Shower Gels in Relax and Tonic, **£14.50 each** ☑

'A reason to get up in the morning. Clean, cossetting and spa-like in every way.' *Sophie Forte*

Less: Balance Me Rose Otto Wash, **£10** ☑ (4) 'Bursting with great-smelling essential oils, and sulphate-free, this shower gel is an affordable luxury.' *Rosie Green*

Body scrub

Luxe: Origins Modern Friction For The Body, **£26**, and Gloomaway, **£16.50** ☑ (6)

'Origins make such wonderful scrubs - they nix the dead skin cells you don't want, nurture those you do, while smelling natural and heavenly.' *Jan Masters*

Less: The Body Shop Bath Gloves, **£4** ☑ 'A shower essential. Turns any shower gel into a cleansing scrub and gives

you smoother skin in seconds.' *Kim Parker*

Bath oil

Luxe: Aromatherapy Associates Relax Deep Bath & Shower Oil, **£30** ☑ 'To quote Space.NK's Nicky Kinnaird, "knock-out drops for the bath".' *Susannah Taylor*

Less: Good Works Good Balance Bath Oil, **£10** ☑ (5) 'Really good quality at a really good price. A great daily pick-me-up - it leaves skin and senses feeling cared for.' *Kim Parker*

Body oil

Luxe: Clarins Body Oil, **£32** ☑ (3) 'The Tonic version is terrific on stretch marks, Contour is brilliant at dispelling water retention, and Relax is a great all-rounder.' *Hannah Betts*
Less: Balance Me Super Oil, **£15** ☑ 'Totally free from nasties, smells divinely of essential oils

and really nourishes. Like superfood for your body.' *Sophie Forte*

Body cream

Luxe: Kiehl's Crème de Corps, **£23.50** ☑ 'Yes, it takes a while to soak in, but it does the best job.' *Susannah Taylor*

Less: The Body Shop Body Butter, **£12.50** ☑ (1) 'Super-creamy and really great value.' *Kim Parker*

Fake tan

Luxe: St Tropez Everyday Body in Medium/Dark, **£12.95** (2)

'This shade is better than the light version, as it bronzes skin enough so you get a "summer hit", with the deep bronze of the original St Tropez.' *Susannah Taylor*
Less: Dove Summer Glow, **£4.99** ☑ 'Some tanners can be very drying, but this gives a great subtle glow, while softening and smoothing skin.' *Kim Parker*